General Release of Liability Form

Activity

I wish to take part in activities, programs, classes, rentals or services offered by , described as follows: [describe the activity, location and any equipment used] (the "Activity"). I understand that the Activity may include instruction, supervised or unsupervised participation, use of facilities and equipment, and travel to and from activity locations arranged by .

Risks I Understand

I understand that taking part in the Activity involves risks, some of which cannot be eliminated even when reasonable care is taken. Depending on the Activity, these risks may include, but are not limited to:

- slips, trips and falls, including on wet, uneven or crowded surfaces;
- strains, sprains, fractures, cuts, bruises, concussions and other physical injuries;
- injuries from equipment, tools or materials, including equipment failure;
- contact with other participants, staff or members of the public;
- exposure to weather, heat, cold, sun, insects, plants or animals;
- allergic reactions, illness or exposure to communicable disease;
- overexertion, dehydration, heart attack or other medical emergencies;
- delays in emergency medical care because of the location of the Activity; and
- loss of or damage to personal property.

I understand that serious injury, permanent disability or death is possible, although rare. I confirm that I have read the description of the Activity, that I have had a chance to ask questions, and that I am taking part voluntarily.

Assumption of Risk

I knowingly and voluntarily accept all risks of the Activity, whether described above or not, and whether caused by my own actions, the actions of others, the condition of the premises or equipment, or the ordinary negligence of . I take full responsibility for my decision to participate.

Release of Liability

In exchange for being allowed to take part in the Activity, I release, waive and forever discharge and its owners, employees, instructors, volunteers, contractors and agents (the "Released Parties") from any and all claims, liabilities, demands and causes of action that I may have now or in the future for injury, illness, death or property damage arising from or related to the Activity, including claims caused by the ordinary negligence of the Released Parties, to the fullest extent permitted by law.

This release binds me, my heirs, executors, administrators and anyone who may claim on my behalf. It does not apply to gross negligence, reckless or intentional misconduct, or any right that cannot be waived by law.

Covenant Not to Sue

I agree not to sue or bring any claim against the Released Parties on any matter I have released in this form.

Indemnification

I agree to indemnify and hold harmless the Released Parties from any claims, costs or expenses, including reasonable attorneys' fees, brought by others that result from my conduct during the Activity, my failure to follow rules and instructions, or a claim brought on my behalf in breach of this release.

My Responsibilities

I agree to:

- follow all rules, safety briefings and instructions given by ;
- use equipment only as instructed and report any damaged or unsafe equipment;
- stop participating and inform staff if I feel unwell, dizzy or in pain;
- not take part while under the influence of alcohol, drugs or medication that affects my judgment or coordination; and
- disclose any medical condition that could affect my safe participation.

may refuse or end my participation at any time if it believes I am a risk to myself or others.

Medical Treatment

I confirm that I am physically able to take part in the Activity. If I am injured or become ill, I authorize to provide or obtain first aid and emergency medical care on my behalf, including transport to a medical facility. I accept responsibility for any resulting medical and transport costs.

Minors

If I am signing on behalf of a minor, I confirm that I am the minor's parent or legal guardian, that I have explained the risks and rules to the minor, and that I agree to the terms of this release both on my own behalf and on behalf of the minor to the extent permitted by law. I agree to indemnify the Released Parties for any claim brought by or on behalf of the minor, to the extent permitted by law.

Other Terms

This release applies to my current and all future participation in the Activity unless I revoke it in writing. If any provision is held unenforceable, the remaining provisions will remain in effect and the release will be read as broadly as the law allows. This release is governed by the laws of the state or country in which operates. It is the entire agreement on this subject, and an electronic signature on it is as valid as a handwritten one.

I have read and understood this release of liability. I know I am giving up substantial rights by signing it, including the right to sue, and I sign it freely.

Please initial each statement

___ I am at least 18 years old or am signing as the parent or legal guardian of the participant.

___ I understand the Activity involves risks of injury and I voluntarily accept those risks.

___ I release {{business}} from liability for claims arising from the Activity, including its ordinary

negligence, to the extent permitted by law.

___ I have disclosed any medical condition that could affect safe participation.

___ I will follow all rules and instructions given by {{business}} staff.

Participant full name

Date

Date of birth

Phone

Email

Emergency contact name & phone

Name(s) of minor participant(s)

Parent / guardian name

Signature